

Blades & Dreams

September 2026

Welcome Back!

Start of Season Reminders

- All skaters in Learn to Skate and Power Skate programs **MUST** wear a helmet when on the ice
- Dress in layers and avoid bulky clothing that makes it hard to move on the ice.

Make sure to stop by the
Registration Table
the first week of class.
Important information will
be there.

In this issue:

- Important things to know for the beginning of the skating season
- What have some of our StarSkaters been up to this fall
- Upcoming events
- Pick-a-Date to Donate Fundraiser: PASC is trying something new this year!!!

Look what our skaters have already done!



Kathy Addley competed in the 2026 International Adult Skating Competition in B.C.

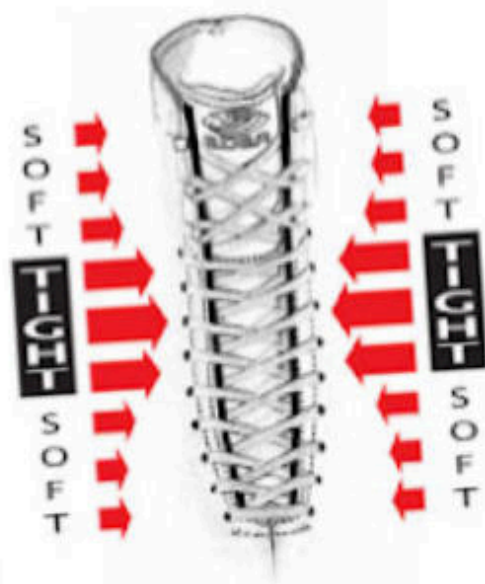


Kole Boyko participated in a seminar in Alberta with Olympian Keegan Messing."



Mia, Priya and Alexis B. have entered the Prospects Program and attended a seminar in September.





Tying Skates: Tips for a Secure Fit

Properly tied skates are key to comfort, support, and performance on the ice. Here's a quick guide:

- Start snug over the toes and ball of the foot — not too tight, just comfortably secure.
- Tighten firmly over the ankle and instep to provide proper support and stability.
- Avoid over-tightening at the top — skates should allow for some knee bend and flexibility.
- Use the hooks properly: Criss-cross the laces securely and finish with a double knot to prevent slipping.
- Check fit: Skaters should be able to wiggle their toes, but their heels should stay in place.

Need help? Coaches or experienced parents are always happy to assist before ice time!

LEARN TO SKATE FIT GUIDE			
SKATE CANADA			
Level/Weight	Less than 40 lbs/20 kg	40-60 lbs/20-40 kg	More than 60 lbs/40 kg
Canslate 1-2	150/180 Series 450 Series Excel	450 Series Excel	Excel Mystique
Canslate 3-5	Excel	Excel Mystique	Excel Mystique Artiste Evo
Canslate 5-6	Excel Mystique	Mystique Artiste Evo	Mystique Artiste Evo

How to care for your skates

- Wipe blades after every use with a microfiber cloth or leather chamois.
- Use soft guards after wiping to store skates.
- Use plastic guards to walk to and from the dressing room.
- **Do not store your skates overnight with plastic guards on, as the blades will rust.**
- Sharpen blades every 6-8 weeks.

Upcoming Events



PASC 2026-27 FALL & WINTER CALENDAR



OCTOBER 2026

- Oct. 2-4 – SaskSkate 2026 • Regina
- Oct. 5 – PASC Classes Begin • LCCLC
- Oct. 5-Nov. 6 – Pick-a-Date to Donate Fundraiser
- Oct. 12 – No Classes
- Oct. 22 – AGM, 6:30 p.m. – Meeting Room #2, LCCLC
- Oct. 23-24 – CanSkate Coach Course (15 yrs+) • La Ronge
- Oct. 26-31 – 🎃 Halloween Week • Safe costumes welcome • LCCLC
- Oct. 30-Nov. 1 – Skate Canada International • Kelowna



NOVEMBER 2026

- Nov. 2-6 – *Return Pick-a-Date to Donate fundraiser envelopes*
- Nov. 6-8 – Pre-Novice-Senior Sectionals • Regina
- Nov. 14 – Prospects Program Simulations • Regina
- Nov. 22 – Rising Star Seminar (CanSkate Stage 3-STAR 3) • Melville
- Nov. 26-29 – Skate Canada Challenge • Winnipeg



DECEMBER 2026

- Dec. 4-6 – Pre-Juvenile/Juvenile Sectionals • Prince Albert
- Dec. 4-6 – STARSkate Invitational • Prince Albert
- Dec. 14 – First Half Season Ends • LCCLC
- Dec. 15 – 🌲 PASC Family Christmas Skate • Prize Announcements for Pick-a-Date fundraiser • LCCLC
- Dec. 28-29 – CanSkate Coaching Course



PICK A DATE TO DONATE!



HOW IT WORKS

1



Each skater receives 1 calendar.

The goal is to fill the entire calendar (but there are prizes for partially filled calendars too!).

2



Choose a date on the calendar and donate the amount shown on that date.

You can choose one date or multiple dates. For example, if Grandma would like to donate \$20, she can choose the 20th or a combination of dates that add up to \$20.

3



The skater collects donations and places them in the envelope.

4



Once the donation has been received, cross off the selected date on the calendar.

5



When the calendar is complete (or when you're ready to submit), send the lump sum to the club with cash, cheque or e-transfer.

E-transfer to paskatingclubfinance@gmail.com

Cheques payable to Prince Albert Skating Club Corp.

PRIZES ARE FOR SKATERS!

This is a donation-based fundraiser. Donations support the skater's fundraising total, and the skater earns the prize-draw entries.

COLLECT
\$100
in donations

1 entry into the \$50 prize draw

COLLECT
\$250
in donations

1 entry into each of the following draws: \$50, \$100

COLLECT
\$400
in donations

1 entry into each of the following draws: \$50, \$100, \$250

COMPLETE YOUR
ENTIRE CALENDAR
\$496

1 entry into each prize draw AND the grand prize draw!



GRAND PRIZE: \$500 CASH!

PRIZES DRAWN AT THE PASC CHRISTMAS PARTY

TUESDAY, DECEMBER 15, 2026



DEADLINE:

NOVEMBER 6, 2026

All envelopes (complete or incomplete) must be returned by this date.



Envelopes not returned within one week of the deadline may be subject to a **\$50 non-return fee**, which will be invoiced to your Uplifter account.

Questions?



Please contact paskatingclubfinance@gmail.com

Funds raised go toward:

Reduction of fees (ice costs \$110,000/year), coaching fees, year end ice show, Christmas party, and so much more!





*Please
Join Us*

For a *SHORT*

Transition AGM

October 22, 2026, at 6:30 p.m

In the Meeting Room

above Arena 2, Lake Country Co-op

Leisure Centre

Topics to be addressed

- 
- STARSkaters — Want more ice time? We can extend the regular season into April! Who's interested?!
 - Meet the Executive Board and put a face to the name!



PASC BOARD OF DIRECTORS 2026-2027

President — Heather Jeancart
Vice-President — Shannon Schutte
Treasurer — Sarah Harnett
Secretary — Stacia Michael

Members at Large

Deanna Boyer — Events
Renee Merasty — Events
Kelly Van der Merwe — Fundraising Chair
Bonnie Fisher — Member at Large
Marlene Lewis — Member at Large
Anne Basso — Member at Large
Cyndi Gyoerick — Member at Large
Flora Larson — Registrar
Sanet Kapp — Assessment Chair
Heidi Miller — Past President (Ex Officio)

Other CLUB PORTFOLIOS

Registration/Communication — Flora Larson
Grants — Heather Jeancart
Advertising & Newsletter— Heidi Miller
Communications — Shannon Schutte & Deanna Boyer
Instagram — Evita Ford
Ice Scheduling — Sheila Fazio

VOLUNTEER OPPORTUNITIES

Club Handbook — VACANT

Sponsorship — VACANT

Volunteering at the Regionals and Sectionals TBA

If you would like to be more involved in your child's sport, there are opportunities for you!
Please reach out to the skating club via Facebook or through the Website

